



Chi

THE SPA AT SHANGRI-LA

*Paris*

Treatments & Ceremonies

# Facial Treatments by The Organic Pharmacy

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- Vitamin C and Papaya Enzyme Peel Brightening Facial** 60 min 190 €  
Restore your skin to its natural perfection with our radiance boosting and skin regenerating treatment using our latest high potency mask. It targets dull skin, ageing and pigmentation. Using natural fruit and flower acids, this treatment reveals brighter, exceptionally smooth and flawless skin for a visibly younger complexion.
- Bespoke Facial** 60 / 90 min 190 / 260 €  
A fabulous facial designed just for you using techniques and products to suit your skin perfectly. Specialised masks and serums are used to achieve optimal results.
- Express Detoxifying Facial** 30 min 100 €  
An instant pick-me-up for dull, tired skin, this deep cleansing facial combines purifying, exfoliating and hydrating masks and massage to leave skin looking fresh, bright and revitalised.

*Access to the fitness center and pool is not included when booking a treatment. For more details, please contact CHI, The Spa directly.*

# Massage and Body Treatments

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**Signature Rebalancing Massage** 30 / 60 / 90 min 100 / 190 / 260 €

The Organic Pharmacy Signature Massage is designed to decongest the muscles, increase blood circulation and rebalance the mind. The ultimate blend of massage techniques combined with your choice of organic massage oil to leave you feeling relaxed and soothed.

**Deep Tissue Massage** 30 / 60 / 90 min 110 / 220 / 290 €

Focusing on the deepest layers of muscle, the firm pressure is beneficial in addressing persistent aches and pains and releasing chronic patterns of tension within the body, restoring muscle elasticity and movement to the soft tissues.

**Thai Massage** 60 min 220 €

This traditional Asian massage combines muscular stretching and acupressure techniques, providing vitality, suppleness and deep relaxation of the body. It is practiced on the floor, without oil, in a comfortable outfit.

**Bespoke Body Exfoliation** 45 min 150 €

The whole body is exfoliated and toned, leaving your skin fresh, rehydrated and subtly perfumed.

**Mother to Be Treatment** 60 min 190 €

This treatment has been designed for mothers to be from their 2nd trimester and post labour. Pure indulgence for the face and body, this treatment is adapted to pre and post natal stages of pregnancy to leave you feeling wonderfully relaxed and energised.

*Access to the fitness center and pool is not included when booking a treatment. For more details, please contact CHI, The Spa directly.*

# Ceremonies

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## Ultimate Well-Being 90 min

330 €

This Immune Booster Treatment combines exfoliating skin brushing with a draining and invigorating massage. It is followed by an oxygenating facial treatment of 30 minutes. This detoxifying treatment is accompanied by a breakfast or lunch in our restaurant La Bauhinia. Daily access to Chi, The Spa is included.

## Ultimate Body Experience 60 / 90 min

265 / 335 €

Access to Chi, The Spa's stunning facilities for the day with our Signature Rebalancing Massage to thoroughly relax body and mind.

## Ultimate Facial Experience 60 / 90 min

265 / 335 €

Access to Chi, The Spa's stunning facilities for the day with our Bespoke Facial designed specifically to suit your skin and its needs perfectly.

# Enhancement & boosters

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## Argan Scalp Ritual

30 €

A gentle and rich conditioner. Jojoba and Argan Oil gently hydrate and add gloss. This treatment adds volume to your hair scalp.

## Hypervolt

30 €

Massage percussion device featuring Quiet Glide Technologie. Improve circulation and myofascial release. (10 minutes included in the treatment).

## Select your boosters

### Face

Caviar firming Collagen face mask

30 €

Hydrating Hyaluronic Acid face mask

25 €

Vitamin C Essence brightening face mask

25 €

Charcoal detoxifying mask

25 €

### Eyes

Collagen smoother eye mask

20 €

Vitamin C brightening eye mask

20 €

### Body

Argan oil hand mask

20 €

Argan oil feet mask

20 €

*\*Boosters and Additional Care are provided during the treatment.*

# Beauty

## Manicures & Pedicures *By Kure Bazaar*

Luxurious Manicure - 60 min This classic manicure includes nail shaping, hand massage and polish application to complete the treatment.	100 €
Luxurious Pedicure - 60 min A treat for the feet, our pedicure includes a foot scrub, massage, shaping and polish to perfect the result.	110 €
Express manicure - 30 min	65 €
Manicure for men - 45 min	80 €
Gel polish manicure - 30 min	70 €
Gel polish removal - 30 min	40 €
Gel polish removal and new manicure - 45 min	100 €
Luxurious Manicure with Gel polish - 75 min	160 €
Luxurious Pedicure with Gel polish - 75 min	170 €

## Waxing

Chest - Back	60 €
Half Legs	50 €
Underarms	30 €
Brazilian Bikini	50 €
Full Bikini	75 €
Full Legs	90 €
Eyebrows - Lips	30 €

## Make-up

Day Make-up - 30 min	100 €
Evening Make-up - 45 min	150 €
Hairdresser - Upon request only	

# Coaching

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## Fitness

Personalised coaching sessions with a bespoke fitness plan to assist you in achieving your goals.

## Swimming Lessons

Learner's Session - We suggest a course which consists of 3 fundamental steps to discover swimming at your own pace.

Advanced Session - To learn different swimming techniques and possibly to expand your existing skills: stamina, speed, stroke technique, diving and rescue.

## Aqua Gym

This activity allows effective cardio workout and weight training (abs, glutes, thighs, arms and shoulders).

## Aqua Palming

This dynamic activity combines the benefits of swimming and water aerobics. Aqua Palming meets all the conditions to regain toned abs and glutes.

## Aqua Phobia

You learn how to "tame" the water at your own pace, starting with breathing, immersion and floatation techniques.

30 minutes individual coaching – 75 €

60 minutes individual coaching – 100 €

30 minutes duo coaching – 125 €

60 minutes duo coaching – 170 €

Package of 10 individual 30 minutes lessons – 650 €

Package of 10 individual 60 minutes lessons – 900 €

Package of 10 duo 30 minutes lessons – 1 100 €

Package of 10 duo 60 minutes lessons – 1 530 €

# Memberships / Access

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Entrance Per Person 1 500 €

Quarterly Subscription : 2 500 €

- 20% discount at our restaurant La Bauhinia
- Valet parking
- 10% discount off products from CHI, The Spa boutique
- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)
- A 30-minute body treatment (excluding weekends)
- Invitation for one person at CHI, The Spa

Bi-annual Subscription : 3 500 €

- 20% discount at our restaurant La Bauhinia
- Valet parking
- 10% discount off products from CHI, The Spa boutique
- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)
- A 60-minute body treatment (excluding weekends)
- Invitation for two people at CHI, The Spa

Week only Subscription : 4 800 €

- 20% discount at our restaurant La Bauhinia
- Valet parking
- 10% discount off products from CHI, The Spa boutique
- A 60-minute body treatment (excluding weekends)
- A 90-minute facial treatment (excluding weekends)
- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)
- Invitation for three people at CHI, The Spa



## Annual Subscription :

6 000 €

- 20% discount at our restaurant La Bauhinia
- Valet parking
- 10% discount off products from CHI, The Spa boutique
- A 60-minute body treatment (excluding weekends)
- A 90-minute facial treatment (excluding weekends)
- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)
- Invitation for five people at CHI, The Spa

## Duo Annual Subscription :

11 000 €

- 20% discount at our restaurant La Bauhinia
- Valet parking
- 10% discount off products from CHI, The Spa boutique
- Two 60-minute body treatments (excluding weekends)
- Two 90-minute facial treatments (excluding weekends)
- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)
- Invitation for ten people at CHI, The Spa

## Access only (available one year and nominative)

Half Day Pass Access to the facilities

70 € / person

Day Pass Access to the facilities

140 € / person

Access to the facilities when booking a Spa service

75 € / person

10 Day access to the facilities

1 190 € / person

20 Day access to the facilities

2 400 € / person

30 Day access to the facilities

3 500 € / person

# Good to know

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Upon arrival at CHI, The Spa, a therapist will conduct a consultation to ensure that you have the treatments best suited to your needs. Please advise the therapist if you are pregnant or have any health concerns. Our therapists are experienced in all treatments and would be delighted to assist you in planning your spa journey.

## Extra Charges

Extra charge for in-room treatments

50 €

Extra charge for treatments between 9pm and 9am

50 €

Private usage of the steam room (30 minutes)

50 € / person

## Preparing For Your Treatment

For ladies, no preparation is necessary. For men, we recommend shaving two hours prior your appointment to having a facial, for maximum comfort and benefit to the skin. There is no need to bring or wear any special clothing, as gowns and slippers are provided in your treatment suite.

## Reservation / Arrival Time

We advise booking in advance to ensure availability. To make the most of your time with us, please arrive 15 minutes prior to your appointment.

## Late Arrivals / Cancellation

In the event that you are running late, we will endeavour to conduct your full treatment. However, please note that the treatment may need to be shortened should there be another booking immediately afterwards.

We request a minimum of six hours notice if you are unable to keep your appointment. Please call our spa receptionist, who will be happy to reschedule. Appointments cancelled with less than six hours notice will incur a 100% cancellation fee.

## Children

Children under the age of 18 are permitted to use the spa and fitness facilities when accompanied by an adult. Please ask at reception for our special terms and conditions.

## Mobile Phone Policy

To preserve the harmony within the spa, we kindly ask you to switch off your mobile phone upon arrival.

# Chi

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## Opening Hours

Open everyday : 7am to 9pm

Spa treatments hours : 9am to 9pm

Fitness Centre : 7am to 9pm (24h / 24h for hotel guests)

Information and appointments : +33 (0)1 53 67 19 78



SHANGRI-LA  
PARIS

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