

Wedding Countdown

12 to 6 months prior:

- Pick a wedding date
- Plan the financing of the event
- Meet with both parties' parents and communicate the major details
- Forecast invitees and prepare the 1st draft invitation list
- Brainstorm on the wedding theme and main venue for the ceremony
- Buy wedding magazines and surf the web for ideas and trends
- Check the city for any wedding forums or exhibitions
- Begin beauty treatments (facials and hair care)
- Pre-marital medical tests
- Plan for the post-marital house
- Plan for the honeymoon (hotel, tickets, visas)

6 to 4 months prior:

- Shop for wedding rings and jewelries
- Shop for bridal gown & groom's suit
- Plan wedding coordinator's responsibilities & missions for the wedding day
- Shop for furniture and home appliances for the new house
- Visit photographer
- Visit florist
- Visit Sound & Lighting companies
- Schedule an appointment with hair dresser and make up artist

2 months prior:

- Order wedding invitation cards
- Select helpers at the reception
- Detailed planning of the wedding day program
- Update the final invitation list
- Reserve bridal car
- Confirm honeymoon destination
- Purchase wedding goodies and souvenirs
- Shop for honeymoon necessities and clothes

1 month prior:

- Chose dinner menu and schedule menu tasting for the items
- Send out the invitation cards
- Pick out a "1st dance" song
- Bridal gowns and suits trials
- Schedule a Spa treatment for the day after the wedding day
- Revise details with florist, photographer, sound & lighting, DJ, entertainment, dinner details
- Follow up with invitees attendance

1 to 2 weeks prior:

- Full Spa treatment for relaxation and beauty care
- Confirm final details
- Prepare a "Wedding day emergency kit" that includes a small sewing kit, extra stockings, extra shirt for the groom, band aids, make up mini kit, perfume, tissue paper, etc...
- Prepare accessories, stockings, jewelry, shoes, etc...

1 day prior:

- Prepare ID cards & passports if checking in a hotel or travelling
- Go for a relaxing massage
- Get a manicure and pedicure
- Get an early night's sleep
- Assign someone to look after your valuables during the wedding day

The Big Day:

- Have a healthy breakfast
- Do not drink too much coffee
- Take a bubble bath
- Get hair and make up done
- Dress up, preferably with the assistance of a friend or family member
- Prepare snacks for quick bites during the long day
- Stay positive, calm and in focus in order to enjoy every single moment of your once in a lifetime magical experience

WEDDING PROCESS TIPS:

- Drink a lot of water during the preparations, it will give your skin a glow
- Eat plenty of fruits and vegetables to cleanse your skin
- Avoid spicy food
- Get 8 hours of sleep daily
- Have periodical herbal infusions to release the stress caused by the preparations
- Do not go for high heels, rather medium height shoes since you will be standing the whole day
- Wear your shoes around the house couple of times prior, it will stretch and be more comfortable
- Do not stress, keep in mind that this is a happy occasion that should be enjoyed