

## Health Club Membership Information

	Full Time Membership	Family Membership	Off-Peak Membership
Admission Fee	JPY 550,000	JPY 275,000	JPY 330,000
Annual Fee	JPY 660,000	JPY 660,000 ▲	JPY 462,000
Available Time to Use Facility	6:30 - 21:00	6:30 - 21:00	Weekdays (Excluding Public Holidays) 10:00 – 16:00

\* Consumption tax is included in the prices above  
 \* Membership is effective for 12 months from issue date  
 \* Membership fee is non-refundable  
 \* Memberships are non-transferable

\* 3,300 yen will be charged to re-issue membership cards if lost  
 ▲ Family membership is available to the spouse and first degree family members of full time member. The maximum number of family members per membership must not exceed 4, including the primary full time member

### Hours

6:30 - 21:00 (Gym: 24 hours)

### Facilities

Gym	Treadmill, Cross Trainer, Aero Bike, Stretch Mat, Smith Machine, Cable Machine, Chest Press, Leg Press, Dumb-bells, Abdominal Bench, Medicine Ball, Balance Ball
Swimming Pool	20m x 4.8m (Depth 1.1m – 1.2m)
Locker Room	Lockers, Restrooms, Separate Shower Booths, Rain Forest Showers, Jacuzzi, Dry Sauna (Male Locker), Steam Sauna (Female Locker)

### Member Benefits

Full Time & Family Members	<ul style="list-style-type: none"> <li>• Complimentary rental wear (T-shirt, shorts, socks and shoes)</li> <li>• 25% discount on any treatment at Chi, The Spa (retail products excluded)</li> <li>• Choice of a complimentary lunch for 2 people at "Nadaman" (Japanese) or a complimentary 60-minutes treatment at Chi, The Spa</li> <li>• Complimentary usage of a private locker</li> <li>• Complimentary welcome gift</li> <li>• One complimentary 60-minutes training session</li> <li>• Complimentary parking for up to 4 hours when visiting the Health Club</li> <li>• Each member can bring up to 2 children of 4 to 12 years to use health club facilities once a month</li> </ul>
Off-Peak Members	<ul style="list-style-type: none"> <li>• Complimentary rental wear (T-shirt, shorts, socks and shoes)</li> <li>• 25% discount on any treatment at Chi, The Spa (retail products excluded)</li> <li>• One complimentary 60-minutes treatment at Chi, The Spa</li> <li>• Complimentary parking for up to 4 hours when visiting the Health Club</li> <li>• One member can bring up to 2 children of 4 to 12 years to use health club facilities once a month</li> </ul>
Prerequisites	Must be 20 years of age, in both good physical and mental health and a legal resident of Japan

### Enrollment Procedures

Please contact us by phone or email and prepare the listed documents. We will advise on payment upon verification of the submitted documents. membership card will be issued upon confirmation of payment.

### Required Documents

- Application Form
- Photocopy of identification, in the form of passport, driving license or my number card
- Two ID Photos (H4.5cm x W3.5cm)
- For family membership registration, a transcript of the family register certifying the family relationship with the full-time member is required