





Enjoy bespoke physiotherapy treatments designed to ease pain, restore mobility, and enhance performance. Our experienced therapists take a holistic approach, addressing not only symptoms but the underlying causes, supporting your long-term wellbeing and vitality.

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Initial Consultation (60 minutes): JPY 60,375 (incl. all taxes and fees)*
Follow-up Session (45–60 minutes): JPY 55,200 (incl. all taxes and fees)*
*Note: a booking and facility fee of 15% applies per treatment

<Availability & Surcharges>

Appointments are available starting from 7am daily.

A 20% surcharge applies for sessions scheduled after 9pm on weekdays

or after 6pm on weekends.

To reserve, please contact our Chi Spa and Health Club team

Health Club Level 29

HEALTH CLUB

TEL: (03) 6739-7888

Email: healthclub.slty@shangri-la.com