

Chi

THE SPA AT SHANGRI-LA

Singapore

WELLNESS JOURNEYS

Total Renewal Retreat

\$550++ (3 hours + meal)

A thoughtfully curated wellness retreat featuring a rejuvenating body scrub, therapeutic massage, and award-winning Obagi Prescriptive Facial. Complete your journey with a nourishing wellness meal, complimentary access to our pool and wellness facilities, and a curated wellness gift bag.

Wellness Escape

\$370++ (2.5 hours + meal)

Enjoy the serenity of Chi, The Spa with this 2.5-hour wellness journey. Includes a delicious light and healthy meal served in our poolside restaurant at the end of the treatment.

Better Sleep

\$295++ (2 hours)

Renew your mind and body with this treatment specifically designed to combat jet lag and insomnia while supporting optimal sleep. After a grounding foot bath ritual, rebalance through our Himalayan Hot Salt Stone Massage. Complete the experience with a relaxing Marma Point Scalp Massage.

Spa-Tea

\$280++ (90 mins inclusive of high tea)

Enjoy a decadent spa day at Shangri-La Singapore. Begin with 90 minutes of personalised treatments, designed to soothe and rejuvenate, followed by an indulgent 3-tier local afternoon tea experience at The Lobby Lounge. Discover the perfect harmony of spa luxury and tea tradition with our Spa-Tea package, a perfect escape from the hustle of a busy life.

TREATMENT ENHANCEMENTS

No extra time is required. Results are immediate.

Instant Anti-Puffy Eye Mask

\$25++

Get that twinkle back with a quick fix. This mask can be added on to any treatment of your choice.

Collagen Face Mask

\$25++

Indulge in our collagen mask enhancement, a luxurious add-on that nourishes the skin, enhances elasticity, and reveals a luminous, youthful glow.

Brightening Face Mask

\$25++

Get your glow on with our Brightening Face Mask which is an excellent add-on to promote brighter skin tone while gently exfoliating dead skin cells.

Hydrating Face Mask

\$25++

Enhance moisture balance and barrier support in minutes. This ultra-hydrating sheet mask quickly restores essential hydration to dry, dehydrated skin while enhancing age-defying support for a visibly plump, youthful complexion. No additional time required.

Rejuvenating LED Light Face Mask

\$25++

Boost your glow with our Rejuvenating LED Light Face Mask, designed to stimulate elastin and collagen production. Enhance your skin's vitality without adding extra time to your treatment.

Hot Oil Scalp & Hair Treatment

\$25++

A potent dose of luxuriously warm coconut oil is drizzled onto your scalp and gently massaged in. This nourishing treat is both calming and relaxing. (To enjoy the full efficacy of this treatment, oil is best left in for a minimum of 1 hour.)

Monoi Hot Oil Hair Treatment

\$25++

Unique to Tahiti, Monoi Oil is an indigenous Polynesian beauty ritual used for centuries. Monoi Oil is rich in fatty acids, adding lustre and strength to your tresses.

Sole Quencher

\$25++

The ultimate remedy for feet needing hydration. Let your feet be wrapped in Shea Butter balm that melts on contact, providing protective relief while delivering intensive nourishment and repair.

MASSAGES

Deep Tissue Massage

\$185++ (60 mins)

\$255++ (90 mins)

Our most popular therapeutic massage uses deep tissue techniques and light stretching, working on the deeper layers of your body to release muscle tension. Ideal for active individuals.

Signature Asian Blend Massage

\$185++ (60 mins)

\$255++ (90 mins)

Experience a journey through Asia with the hands of our skilled therapists. This massage combines traditional Asian Techniques, including Thai pressure point techniques, Balinese and Malaysian massage strokes, Chinese energy flow and more, restoring and balancing your energy throughout your entire body.

Meridian Flow Ritual

\$185++ (60 mins)

\$255++ (90 mins)

Rooted in the wisdom of Traditional Chinese Medicine, this signature ritual begins with gentle meridian activation using a specialised Meridian Brush to encourage the smooth flow of Qi and prepare the body for therapeutic touch. A bespoke full-body massage seamlessly follows, enhancing the release of muscular tension and restoring harmony, leaving you feeling lighter, deeply relaxed and renewed.

Relax Aroma Massage

\$185++ (60 mins)

\$255++ (90 mins)

This light to medium pressure massage uses long, soothing effleurage and petrissage techniques, designed with your comfort and relaxation in mind.

Healing Himalayan Hot Salt Stone Massage

\$255++ (90 mins)

Feel your tension melt away with the use of heated natural salt stone crystals. Considered the purest and most beneficial salt on earth, it contains 84 naturally occurring minerals and salts. Resonating at the Earth's frequency, the heated salt stones neutralise the ill effects of toxic frequencies we live with. Excellent for treating jetlag and insomnia.

Soothing Foot Massage

\$105++ (30 mins)

\$185++ (60 mins)

Designed to provide relief to your tired feet and calves, this divine massage will stimulate blood circulation and reduce swelling of the legs.

Tension-Relieving Neck and Back Massage

\$105++ (30 mins)

\$185++ (60 mins)

After a long day of travel or business meetings, this massage releases tension in your back, neck and shoulders to help you unwind and get a peaceful night's sleep. Also available by the poolside.

Mom-To-Be Massage

\$205++ (60 mins)

\$275++ (90 mins)

For women in their second or third trimester, this gentle relief massage enhances comfort, reduces swelling and improves circulation. This massage is performed on your side using pillows for support. You will receive a shea butter balm to ease your body into the glorious journey of motherhood.

In-Room Massage

Indulge in our massage treatments in the comfort of your room at an additional \$160 per session. To arrange, please enquire with the reception at Chi, The Spa.

BODY TREATMENTS

Body Scrubs

Turkish Body Scrub

\$185++ (60 mins)

Eucalyptus and stimulating aromatherapy essences are blended with mineral-rich sea salts to gently exfoliate, invigorate and remineralise the skin. Rich in nourishing minerals and botanical oils, this treatment leaves the skin feeling luxuriously soft, smooth and energised.

Detoxifying Marine Scrub

\$185++ (60 mins)

Restore silky, smooth skin after a full body exfoliation rich in natural Dead Sea salt crystals and papaya extract, which aids in the elimination of dead cells and removal of excess fluids.

Body Wraps

Age Defying Shea Butter Wrap

\$185++ (60 mins)

Shea butter helps to naturally firm and hydrate the skin in the most natural way. An excellent product to help smooth, soothe and condition your skin.

Thalasso Slimming Detox Wrap

\$185++ (60 mins)

Naturally eliminate excess fluids and toxins from the body with extracts of seaweed and sea salts. The body is detoxified and skin becomes smoother and more elastic, leaving you with a sense of well-being and lightness.

Combos

\$280++ (105 mins)

Choose any body scrub and body wrap to leave your skin wonderfully soft and hydrated.

FACIALS

Please note that no extractions are performed in any of our facials. For best results, please arrive without makeup.

Classic Deep Cleansing Facial

\$180++ (60 mins)

Experience a deep cleansing facial using skincare rich in naturally-occurring vitamins, mineral salts and oxygenating elements of selected fruits, plants, and flowers. All of these ingredients work together to rebalance the skin. Ideal for all skin types.

Vitamin C Facial

\$180++ (60 mins)

This revitalising facial combines the most advanced forms of vitamin C, offering protection against the damaging effects of free radicals while acting as a shield to bring flawless skin.

HOMMAGE™ Gentlemen's Facial

\$180++ (60 mins)

Our bespoke Gentlemen's Facial uses Hommage™ products that address the special skincare needs of gentlemen. This facial focuses on skin maintenance, and is designed to diminish fine lines and brighten tired complexions.

Personalised Rejuvenating Facial

\$270++ (60 mins)

After a thorough skin analysis to determine your skin's needs, your aesthetician will use Biologique Recherche, formulated with high concentrations of active ingredients for immediate results.

Obagi® Medical Prescriptive Facial

\$270++ (60 mins)

\$305++ (75 mins)

A hyper-personalised facial protocol combining Obagi Medical's clinically proven, science-backed, medical-grade skincare with best-in-class modalities. This treatment is customised, following a thorough skin analysis, to target any potential skin concerns, such as: hyperpigmentation, acne and congestion, loss of elasticity, fine lines, wrinkles, and dehydration. Utilising powerful formulations and cutting-edge tools, this protocol delivers visible results for a radiant, transformed complexion. You will continue to see improved results when you combine it with a personalised Obagi Medical skincare regimen for at-home care.

Hydration-Boosting Facial

\$375++ (90 mins)

This Biologique Recherche facial nourishes your skin at the cellular level with a deep cleanse, exfoliation and a customised facial mask, followed by two serums. Bio-active ingredients penetrate and work beneath the epidermis to reveal a bright and glowing complexion in one treatment.

**Please inform the reception if this is your first time using Biologique Recherche.*

HOW TO SPA AT CHI

To ensure a relaxing experience at Chi, The Spa, we recommend these simple guidelines.

Hours of Operation

Daily, 10am to 8pm

Reservations

To make a reservation, please contact Chi, The Spa at +65 6213 4818 or dial 7278 from your hotel room.

Late Arrival

Please arrive 30 minutes prior to your scheduled appointment as treatments will not be extended for late arrivals; full amount on the scheduled treatment will be charged accordingly.

Attire

A robe, slippers, and a locker will be provided during your spa visit. During treatments, towels will be used as appropriate to preserve our guests' modesty.

For Your Comfort

To ensure you receive the utmost from your Chi, The Spa experience, we encourage you to share your preferences for the room temperature, treatment pressure, and technique with the therapist.

Health Condition

If you are pregnant, have high blood pressure, allergies, heart conditions, or other health considerations that would affect your choice of services, please let us know beforehand and upon arrival to allow us to personalise your spa experience.

Confirmation

A credit card number is required at the time of booking to secure the appointment.

Cancellation

In consideration of other spa guests, we request a minimum of 4 hours' cancellation notice. Failing which, a 50% cancellation fee will be charged to your credit card or to your valid room account. No-shows will be charged as full amount.

Gratuities

Additional gratuities for exceptional service may be added to your bill upon check-out.

Payment

We accept all cashless methods, including major credit cards, PayNow and gift vouchers authorised by Shangri-La Singapore. All prices are quoted in Singapore Dollars and subject to 10% service charge and GST. Hotel guests may opt for the treatment to be billed to their valid room account.



Scan to view Chinese Menu

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