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Chi

THE SPA AT SHANGRI-LA
Paris

Treatments & Ceremonies

Our Philosophy

About The Organic Pharmacy

The Organic Pharmacy was founded by pharmacist and homeopath Margo Marrone in partnership with her husband Franco. It was Margo's dream to create a beauty brand dedicated to all things organic. Based on the principles of homeopathic medicine and the concept that the quality of the ingredients and the purity of the formulation are as paramount as the dosage, The Organic Pharmacy offers the best products, advice and treatments to rejuvenate the skin and mind.

Made with Love in London

We believe beautiful products and services come from the heart. Our products are proudly produced in the UK in our own factory where we can ensure complete traceability and quality. Manufactured in small batches, we make sure each and every product is produced to the highest standard.

Beautiful Organic Ingredients

All our herbs, essential oils and actives are carefully selected to work in synergy with each other. Of course, using organic extracts ensures much higher concentrations of vitamins, antioxidants and nutrients.

Homeopathy is at the Heart of What We Do

Margo's love affair with homeopathy began over 20 years ago when she first discovered homeopathy and its benefits. Today, we incorporate homeopathy, herbal medicine and nutrients at the heart of everything we do and believe that this holistic approach is the safest and fastest way to restore health and well-being.



Why Go Green?

Better For Your Health

Our bodies are constantly bombarded with harmful toxins, affecting our health, skin, sleep and mood. As much of what we put on our skin is absorbed into our system, using organic products can help reduce our toxic chemical intake, as they use no synthetic colours or fragrances.

Better For Your Skin

The chemicals found in mainstream beauty products can exacerbate the sensitivity of the skin. Organic products are formulated using naturally occurring ingredients without use of synthetic fertilisers making them less likely to cause irritation.

Better Ingredients

Organically farmed ingredients have been found to retain more nutrients, vitamins and antioxidants making them more effective on your skin.

Better for the Environment

Organic farming typically takes a more holistic approach and offers a practical model that cultivates climate-friendly production of food and beauty ingredients with reduced energy usage and waste production.

The Natural Choice

It is entirely possible to go organic without compromising on luxury or efficacy – The Organic Pharmacy offers a complete organic beauty range that combines quality ingredients with cutting edge research to deliver powerful, visible results.



Facial Treatments

The Organic Pharmacy Rose Crystal Lymphatic Facial 90 min 260 €

This regenerating facial begins with a deep cleanse to soften and decongest the skin followed by complexion brightening Flower Petal exfoliation. Three therapeutic masks will lift and tone the face, neck and décolleté. Rose Quartz crystals and acupressure massage are used to promote lymphatic drainage and firm facial muscles. Enjoy a relaxing massage of the hands, arms, feet and scalp. This treatment leaves your skin radiant and glowing.

Vitamin C and Papaya Enzyme Peel Brightening Facial 60 min 190 €

Restore your skin to its natural perfection with our radiance boosting and skin regenerating treatment using our latest high potency mask. It targets dull skin, ageing and pigmentation. Using natural fruit and flower acids, this treatment reveals brighter, exceptionally smooth and flawless skin for a visibly younger complexion.

The Organic Pharmacy Bespoke Facial 60 / 90 min 190 / 260 €

A fabulous facial designed just for you using techniques and products to suit your skin perfectly. Specialised masks and serums are used to achieve optimal results.

Express Detoxifying Facial 30 min 100 €

An instant pick-me-up for dull, tired skin, this deep cleansing facial combines purifying, exfoliating and hydrating masks and massage to leave skin looking fresh, bright and revitalised.

Rose Diamond Lifting Facial 90 min 290 €

The anti-ageing Rose Diamond Lifting Facial lifts and brightens the skin whilst delivering intensive hydration for a fresher complexion. The hyaluronic acid quickly penetrates the skin for an immediate tightening and lifting effect. It restores elasticity and smoothness, softening wrinkles and improving skin's overall texture and tone.

Massage and Body Treatments

Signature Rebalancing Massage 30 / 60 / 90 min 100 / 190 / 260 €

The Organic Pharmacy Signature Massage is designed to decongest the muscles, increase blood circulation and rebalance the mind. The ultimate blend of massage techniques combined with your choice of organic massage oil to leave you feeling relaxed and soothed.

Deep Tissue Massage 30 / 60 / 90 min 110 / 220 / 290 €

Focusing on the deepest layers of muscle, the firm pressure is beneficial in addressing persistent aches and pains and releasing chronic patterns of tension within the body, restoring muscle elasticity and movement to the soft tissues.

Jet-Lag Rescue Massage 30 / 45 min 110 / 160 €

This massage is specially designed to comfort your tired body and mind from traveling. Exclusively on the back and legs, tensions disappear, the body is lightened.

Foot Reflexology 45 / 60 min 160 / 220 €

True ancestral technique inspired by traditional Chinese medicine, this massage stimulates the meridians of the foot thus restoring and harmonizing the vital energy.

Thai Massage 60 / 90 min 220 / 290 €

This traditional Asian massage combines muscular stretching and acupressure techniques, providing vitality, suppleness and deep relaxation of the body. It is practiced on the floor, without oil, in a comfortable outfit.

Bespoke Body Exfoliation 45 min 150 €

The whole body is exfoliated and toned, leaving your skin fresh, rehydrated and subtly perfumed.

Green Coffee Body Sculpting Treatment : Slim & Firm 60 min 210 €

Focused on the lower half of the body (thighs, waist, tummy and bottom), this intense treatment begins with dry skin brushing followed by an invigorating deep massage to stimulate lymphatic drainage and improve circulation, perfect for reducing puffiness and water retention.

Rose Renewal Body Ritual 90 min 290 €

Rose, jasmine, ylang ylang and rose hip form the basis of this nourishing and rejuvenating treatment. An infusion of honey, rose petals, salt and sugar exfoliates and revitalises the body, followed by a deeply nourishing massage.

Mother to Be

Mother to Be Treatment 60 / 90 min

190 / 260 €

This treatment has been designed for mothers to be from their 2nd trimester and post labour. Pure indulgence for the face and body, this treatment is adapted to pre and post natal stages of pregnancy to leave you feeling wonderfully relaxed and energised.

Ceremonies

Crystal Ritual 180 min

540 €

A 90 minutes Rose Body Exfoliation followed by our Signature Rebalancing Massage, and our 90 minutes Rose Crystal Lymphatic Facial Treatment with precious Rose Quartz Crystals. This delicious journey will leave you rejuvenated and revitalized. Access to Chi, The Spa is included for the day.

Ultimate Well-Being 90 min

330 €

This stimulating 60 minutes Green Coffee treatment combines exfoliating skin brushing with a draining and invigorating massage. It is followed by an oxygenating facial treatment of 30 minutes. This detoxifying treatment is accompanied by a breakfast or lunch in our restaurant La Bauhinia. Daily access to Chi, The Spa is included.

Ultimate Body Experience 60 / 90 min

265 / 335 €

Access to Chi, The Spa's stunning facilities for the day with our Signature Rebalancing Massage to thoroughly relax body and mind.

Ultimate Facial Experience 60 / 90 min

265 / 335 €

Access to Chi, The Spa's stunning facilities for the day with our Bespoke Facial designed specifically to suit your skin and its needs perfectly.

All our products can be bought at our boutique, where our experienced therapists are available to guide you.

Whether you are looking for the ultimate skin, body or make-up product for yourself or a loved one, The Organic Pharmacy will exceed your expectations.

Beauty

Manicures & Pedicures *By Kure Bazaar*

Luxurious Manicure - 60 min This classic manicure includes nail shaping, hand massage and polish application to complete the treatment.	100 €
Luxurious Pedicure - 60 min A treat for the feet, our pedicure includes a foot scrub, massage, shaping and polish to perfect the result.	110 €
Express manicure - 30 min	65 €
Nail Polish	30 €
Manicure for men - 45 min	80 €
Gel polish manicure - 30 min	70 €
Gel polish removal - 30 min	40 €
Gel polish removal and new manicure - 45 min	100 €
Luxurious Manicure with Gel polish - 75 min	160 €
Luxurious Pedicure with Gel polish - 75 min	170 €

Waxing

Chest - Back	60 €
Half Legs	50 €
Underarms	30 €
Brazilian Bikini	50 €
Full Bikini	75 €
Full Legs	90 €
Eyebrows - Lips	30 €

Make-up

Day Make-up - 30 min	100 €
Evening Make-up - 45 min	150 €
Hairdresser - Upon request only	

Coaching

Fitness

Personalised coaching sessions with a bespoke fitness plan to assist you in achieving your goals.

Swimming Lessons

Learner's Session - We suggest a course which consists of 3 fundamental steps to discover swimming at your own pace.

Advanced Session - To learn different swimming techniques and possibly to expand your existing skills: stamina, speed, stroke technique, diving and rescue.

Aqua Gym

This activity allows effective cardio workout and weight training (abs, glutes, thighs, arms and shoulders).

Aqua Palming

This dynamic activity combines the benefits of swimming and water aerobics. Aqua Palming meets all the conditions to regain toned abs and glutes.

Aqua Phobia

You learn how to "tame" the water at your own pace, starting with breathing, immersion and floatation techniques.

30 minutes individual coaching – 75 €

60 minutes individual coaching – 100 €

30 minutes duo coaching – 125 €

60 minutes duo coaching – 170 €

Package of 10 individual 30 minutes lessons – 650 €

Package of 10 individual 60 minutes lessons – 900 €

Package of 10 duo 30 minutes lessons – 1 100 €

Package of 10 duo 60 minutes lessons – 1 530 €

Memberships

Quarterly Subscription :	2 500 €
<ul style="list-style-type: none">- 20% discount at our restaurant La Bauhinia- Valet parking- 10% discount off products from CHI, The Spa boutique- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)- A 30-minute body treatment (excluding weekends)- Invitation for one person at CHI, The Spa	
Bi-annual Subscription :	3 500 €
<ul style="list-style-type: none">- 20% discount at our restaurant La Bauhinia- Valet parking- 10% discount off products from CHI, The Spa boutique- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)- A 60-minute body treatment (excluding weekends)- Invitation for two people at CHI, The Spa	
Annual Subscription :	6 000 €
<ul style="list-style-type: none">- 20% discount at our restaurant La Bauhinia- Valet parking- 10% discount off products from CHI, The Spa boutique- A 60-minute body treatment (excluding weekends)- A 90-minute facial treatment (excluding weekends)- An individual fitness coaching or swimming lesson of 60 minutes (excluding weekends)- Invitation for five people at CHI, The Spa	
Duo Annual Subscription : Same advantages as the annual subscription	11 000 €
Entrance Per Person	1 500 €

Good to know

Meeting Your Needs

Upon arrival at CHI, The Spa, a therapist will conduct a consultation to ensure that you have the treatments best suited to your needs. Please advise the therapist if you are pregnant or have any health concerns. Our therapists are experienced in all treatments and would be delighted to assist you in planning your spa journey.

Preparing For Your Treatment

For ladies, no preparation is necessary. For men, we recommend shaving two hours prior your appointment to having a facial, for maximum comfort and benefit to the skin.

What to Wear

There is no need to bring or wear any special clothing, as gowns and slippers are provided in your treatment suite.

Reservation

We advise booking in advance to ensure availability.

Arrival Time

To make the most of your time with us, please arrive 15 minutes prior to your appointment.

Extra Charges

Extra charge for in-room treatments	50 €
Extra charge for treatments between 9pm and 9am	50 €
Day Pass Access to the Spa Facilities	175 €/person
Access to the Spa Facilities when booking a Spa service	95 €/person
Private usage of the steam room (30 minutes)	50 €/person

Late Arrivals

In the event that you are running late, we will endeavour to conduct your full treatment. However, please note that the treatment may need to be shortened should there be another booking immediately afterwards.

Children

Children under the age of 18 are permitted to use the spa and fitness facilities when accompanied by an adult. Please ask at reception for our special terms and conditions.

Cancellation

We request a minimum of six hours notice if you are unable to keep your appointment. Please call our spa receptionist, who will be happy to reschedule. Appointments cancelled with less than six hours notice will incur a 100% cancellation fee.

Your Comfort

Although we do our best to anticipate your needs, we appreciate that a spa is a very individual experience. Please let your therapist know if there is any way in which they can improve your treatment or comfort. For example, heavier or lighter massage pressure, an extra towel or different sound and lighting levels.

Mobile Phone Policy

To preserve the harmony within the spa, we kindly ask you to switch off your mobile phone upon arrival.

Access to the fitness centre and pool is not included when booking a treatment. For more details, please contact CHI, The Spa directly.

Chi

THE SPA AT SHANGRI-LA
Paris

Opening Hours

Open everyday: 7am to 9pm

Spa treatments hours: 9am to 9pm

Fitness Centre: 24h / 24h

Information and appointments: +33 (0)1 53 67 19 78



Shangri-La hotel

PARIS

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