

Shangri-La's  
**Tanjung Aru Resort & Spa**  
KOTA KINABALU

   :shangrilatah  :weibo.com/tanjungaru  :Shangri-La-TAH

For enquiries, please contact our Hotline at (60 88) 327 888

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**HEALTH CLUB**  
**MEMBER BENEFITS**

Shangri-La's  
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Welcome to the Health Club at Shangri-La's Tanjung Aru Resort & Spa.

We believe your health is your single most important asset.

Let our facilities help you achieve your personal lifestyle goals, whether you want to lose weight, get fit, quit a bad habit, take up a healthy new one, spend less time at work or more time with the family, we believe in helping you make changes that last.

We have a wide range of membership options designed to meet our members differing needs.



## **YOUR HEALTH CLUB MEMBER BENEFITS**

A handwritten signature in black ink, appearing to read "Ojesga Daniel", written over a horizontal line.

Ojesga Daniel/ Health Club Manager

Pocket



 A woman in a dark blue swimsuit is floating on her back in crystal-clear, shallow blue water. The water is so clear that her shadow is visible on the sandy bottom. The background is a soft, light blue gradient.
 

Membership	Group	Annual (RM)	Monthly (RM)
PREMIER	Individual	3,000	1600 (6 months)
DIAMOND	Individual	2,700	499
	Couple	4,699	900
	Child	499	149.50
GOLD	Individual	1,800	300
	Couple	3,000	549
	Child	300	100
HIGHER INSTITUTIONS	Individual	1,299	149.50
FAMILY	Husband and wife & 2 Children	5,300	999
	Additional Child	499	149.50
CORPORATE	5 Nominees (with pool)	2,499	
	Additional (Each)	2,300	
	5 Nominees (without pool)	1,600	
	Additional (Each)	1,399	

### MEMBERSHIP ENTITLEMENT

	PREMIER	DIAMOND	GOLD	HIGHER INSTITUTION	FAMILY	CORPORATE (WITH POOL)	CORPORATE (WITHOUT POOL)
Gymnasium	√	√	√	√	√	√	√
Changing Facilities	√	√	√	√	√	√	√
Locker	√	√	√	√	√	√	√
Towel, Water, Fresh Fruits & Amenities	√	√	√	√	√	√	√
Sauna	√	√	√	√	√	√	√
Steam Room	√	√	√	√	√	√	√
Jacuzzis	√	√	√	√	√	√	√
Gym Beverage	25% Discount	20% Discount	20% Discount	20% Discount	20% Discount	20% Discount	20% Discount
WIFI Access	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary
Parking	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary
Non-Motorised Watersports*	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary
Yoga, Pilates, Tai Chi & Health Classes	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary
Tennis Court*	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary	Complimentary
Tennis Coaching/ Partner	25% Discount	25% Discount	20% Discount	15% Discount	25% Discount	25% Discount	20% Discount
Motorised Water Sports*	30% Discount	25% Discount	20% Discount	15% Discount	25% Discount	25% Discount	20% Discount
Island Transfer	25% Discount	20% Discount	20% Discount	15% Discount	20% Discount	20% Discount	20% Discount
CHI, The Spa*	2 times treatment a year	30% Discount	20% Discount	15% Discount	30% Discount	30% Discount	20% Discount
Swimming Pool	√	√			√	√	
Splash Pad & Kids Pool	√	√			√	√	
Water Wars (1 bucket per person)	√	√			√	√	
Sunset Beach	√	√			√	√	
Daily Guests Activities Programme*	√	√	√	√	√	√	√
Pitch & Putt Mini Golf*	√	√			√	√	
Beach Towel	√	√			√	√	
Welcome Goodies	√	√	√	√	√	√	√
Food & Beverage Discount	20% Discount	20% Discount	15% Discount	10% Discount	20% Discount	20% Discount	15% Discount
Rooms* (BAR Rates)	30% Discount	30% Discount	30% Discount	30% Discount	30% Discount	30% Discount	30% Discount

Member Guest's Fee:  
 • RM19 per person. Benefit only for Gym, Health Club & Tennis Court  
 • RM50 per adult | RM24 per child. Benefit only for Pool, Gym, Health Club and Cool Zone.

### CHILD'S MEMBERSHIP ENTITLEMENT

	DIAMOND	GOLD	FAMILY
Cool Zone	√	√	√
Activities Programme*	√	√	√
Swimming Pool	√		√
Splash Pad & Kids Pool	√		√
Sunset Beach	√		√
Beach Towel	√		√
Shower	√		√
Amenities	√		√
Tennis Court*	√		√
Pitch & Putt Mini Golf	√		√
WIFI Access	Complimentary	Complimentary	Complimentary

