

10 THINGS TO DO

when you have a few hours to spare

A guide to Cairns' unique attractions from those
who know it best





RUSTY'S MARKETS

A walk to Rusty's markets to sample the best in local tropical fruit and vegetable produce.

WHEN

Open Fri - Sat. Allow 2 hours

WHERE

57 - 89 Grafton Street, Cairns



CRYSTAL CASCADES

A short 20 min drive; enjoy a refreshing swim in one of the many swimming holes at the foot of the mountains. Allow 3 hours.

WHERE

The Rocks Road, Redlynch



PALM COVE FOR LUNCH

From fish and chips to great local coffee or trendy cafés on the beach; boutiques and white sandy beach - Allow 3 hours

WHERE

Follow the Captain Cook Highway North



LAGOON POOL ON THE ESPLANADE

Enjoy a swim and relax by the Lagoon pool on the Esplanade. - Allow 1 hour

Public BBQ's & Picnic tables available.

WHERE

On the Esplanade, 2 minutes walk from the hotel



PORT DOUGLAS

A drive to Port Douglas and explore the local markets, shops and restaurants. - Allow 4 hours

WHEN

Markets on Sundays only

WHERE

70km North via Captain Cook Highway



BOTANIC GARDENS / MT WHITFIELD

A walk around the botanic gardens and explore the walking tracks - Allow 2 hours
(Walking track map on next page)

WHERE

10 minute drive North, Collins Av. Edge Hill



CATCH A CRAB & FISHING

Catch a crab and go fishing on the Trinity Inlet - Allow 3 hours

WHERE

There are many options, contact our tour desk



ESPLANADE WALK

A walk to the end of the Esplanade and back - enjoy the bird life in their natural mudflat habitat - Allow 2 hours

WHERE

Follow boardwalk North



KURANDA

A drive to Kuranda and view the Barron Falls - Allow 3 hours

WHEN

Markets on Sundays only

WHERE

25km from Cairns via Kuranda Range Road



CAIRNS REGIONAL GALLERY

View Aboriginal and Torres Strait Islands art - Allow 2 hours

WHEN

Mon-Fri 9am-5pm | Sat 10am - 5pm | Sun 10am - 2pm

WHERE

40 Abbott Street, Cairns

MOUNT WHITFIELD



View from the Green Arrow

BRINSMEAD






WHITFIELD

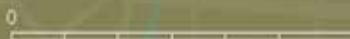
Mount Whitfield (364m alt.)

Mount Whitfield
Conservation
Park

Green Arrow
Walking Track

Key to Symbols

- | | | | |
|---|------------------|---|---------------|
|  | Picnic shelter |  | No dogs |
|  | Natural lookouts |  | Camping |
|  | Short walks |  | No provisions |
|  | Hiking |  | Dogs |
|  | Parking area |  | Motorcycles |
|  | Tower | | |
|  | Summit | | |



It is a term and condition of use of this facility that the Council and its servants or agents accept no liability, of whatever description for any losses, injury or death, which may occur on this facility, however caused.

ey Hill (325m alt.)



Hiking the Blue Arrow



- ubbish bins
- oping prohibited
- inking water
- ided
- s prohibited
- orbikes prohibited

NOTES:



FOR OUR YOUNGER TRAVELLERS...



A swim in the Lagoon pool on the Esplanade
2 minute walk



Cairns water park and
cable ski - 15 minute drive
north



Cairns Zoom and rain-
forest dome above the
Casino - 5 minute walk



Go Karting at Smithfield -
15 minute drive north



Muddy's playground on
the Esplanade - 10 minute
walk North



Lazer Tag at DFO - on
Mulgrave Rd. 10 minutes
drive



Jump Mania Trampoline
Park at Raintrees - 12
minute drive



Artillery Museum at
Smithfield - 15 minute
drive north



Bowling at Pease Street -
10 minute drive

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We hope you enjoy our beautiful city.

FOR ASSISTANCE, PLEASE SEE OUR TOUR DESK
OR CONCIERGE DESK
.....

*Use your smart phone to scan the QR code below
and carry this guide with you on your phone*



Shangri-La hotel

THE MARINA, CAIRNS