

## Your Wedding Countdown by Shangri-La

### 6 months before

- Have permission to marry from both parties' parents and conduct discussions regarding wedding details
- Confirm engagement party and wedding dates
- Decide where to reside; purchase furniture and home appliances for new home if necessary

### 4 months before

- Confirm bridal photography studio, or bridal gown
- Pre-marital health examination

### 3 months before

- Take wedding photography
- Confirm wedding ceremony style and budget
- Purchase wedding rings and other accessories
- Try on bridal gown(s) and suit(s) with adjustments made if necessary
- Gather information or meet with hairstylist to choose hair styles for wedding day
- Facial, hair, and full body treatment
- Plan for honeymoon

### 2 months before

- Confirm bridal hair style and make-up
- Design wedding invitation cards
- Draft a guest list
- Confirm best man and bride's maid, Master-of-Ceremony, and helpers at the reception
- Ensure everything is ready for new home
- Prepare travel documents
- Go for a spa treatment

The Horizon Spa of Shangri-La's Far Eastern Plaza Hotel, Taipei offers a series of treatments, designed especially for the brides-to-be by professional aromatherapists, that revitalize and beautify the skin. All wedding guests may enjoy a 20 % discount.

### 1 month before

- Complete and send out invitation cards
- Confirm wedding helpers, including the driver and the photographer
- Confirm honeymoon details
- Book bridal limousine
- Select a menu and complete food tasting
- Go for a spa treatment

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### 2 weeks before

- Confirm bridal gown(s) and suit(s)
- Confirm the wedding menu

### 1 week before

- Confirm guest list and the number of attendants
- Confirm final wedding details
- Display the auspicious Chinese word “囍” at home
- Prepare all honeymoon necessities and check travel documents

### 3 days before

- Prepare cash for dowry and red envelopes
- Purchase wedding goodies and beverages for wedding reception
- Prepare wedding documents and stationary for wedding reception
- Confirm the wedding rundown schedule with all helpers
- Pick up bridal gown(s) and suit(s)
- Go for a final spa treatment

### 3 days before

- Confirm appointment with makeup artist and hairstylist
- Pass on the wedding rings to brides maid and best man
- Ensure all accessories are prepared

### 1 day before

- Have cash ready in individual red envelopes
- Prepare empty red envelopes, Thank You cards and calculator that will be placed on the reception table
- Ensure to have wedding gown(s), accessories, shoes etc. ready
- Ensure sufficient rest and avoid drinking too much water before bedtime

### The wedding day

- Have a hearty breakfast
- Invite good friends of the groom to brides' home to pick up the bride
- Complete make up and hairdo
- Ensure someone assist to look after the valuables
- Have a wedding rehearsal an hour before the real ceremony

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### Kind Reminders:

- Bridal couple should pay attention to health and diet:
  - ✓ Avoid spicy food and strong taste food
  - ✓ Light and nutritious food are highly recommended
  - ✓ Try not to have strenuous exercise; keep a relaxed mind which will smoothen pre-wedding ceremony stress and pressure
  - ✓ Have sufficient rest and avoid drinking too much water before bedtime
- The bride is recommended to wear a medium height pair of shoes as she will be standing for a long time. (A white, silver, gold or light color pair are suggested, for easy-matching)
- Massage eyes before bedtime to avoid having dark circles or heavy eye bags
- Avoid trying out new facial treatments, in cases of unexpected allergic reactions
- A cup of Jasmine tea can always relax a tensed mind