



# Kowloon Shangri-La

HONG KONG

## Delight Package

	Mins	HK\$
Experience our special packages and combinations of different treatments which are designed to help you destress, rejuvenate and bring out the best in you.		
1. Body Massage (45 minutes) + Reflexology (45 minutes)	90	1,260
2. Aromatic Massage (60 minutes) + Deep-Cleansing Facial Treatment (90 minutes)	150	1,720
3. Aromatic Massage (60 minutes) + Deep-Cleansing Facial Treatment (90 minutes) + Reflexology (30 minutes)	180	2,060
4. Salt Scrub and Lymphatic Drainage Massage (90 minutes) + Deep-Cleansing Facial Treatment (90 minutes)	180	2,060

## Head, Shoulder and Back Massage

Head, shoulder and back massages soothe away tensions in your upper body, break down knots and improve your flexibility. It helps relieve headaches by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energised.

5. Thirty minutes	30	550
-------------------	----	-----

## Aromatic Massage

Uses a special blend of aromatic essential oils to increase blood circulation, relax and unwind tired muscles. Our massage therapist will adjust the pressure to your preference.

6. One hour	60	860
7. One hour and 30 minutes	90	1,260
8. Two hours	120	1,650

## Reflexology

Your feet are pampered to relieve stress and tension, and then the reflex points are massaged to bring relief to tired, swollen feet and legs.

9. Thirty minutes	30	460
10. One hour	60	840

## Facial Treatments

The focus of facial care is on the BIODROGA biological beauty care systems – targeted product lines especially developed for every individual skin need. Our beautician will give you professional advice on the best treatment for your well-being.

11. Hydrating Treatment Improve your dehydrated skin's moisture content. It increases the skin's water-binding capacity and smooths out fine lines and wrinkles.	75	880
12. Deep Cleansing This treatment gives you utmost deep-cleansing effects, normalising the skin surface. Skin is cleaned deep down into the pores – inflammations are soothed and skin tone is refined. It leaves skin smoother, supple and fresh to the eye and to the touch.	90	950



# Kowloon Shangri-La

HONG KONG

	Mins	HK\$
13. Golden Caviar Deluxe Treatment	90	1,180
Savour moments of pure luxury. The complexion is pampered with precious caviar extract in its purest form, which promotes the skin's vitality and resilience. This pore-refining intensive programme gives skin a more even, smooth and fresh look.		
14. Energising Treatment	90	1,180
Precious care with the power of gemstones. A gentle massage using quartz sticks harmonises and calms your skin; gives you inner and outer balance, and leaves your skin looking radiantly beautiful.		
15. Anti-stress facial treatment	90	950
Relax to the max: This treatment pampers the stressful skin and gives skin a new energy boost. After deep pore cleansing, skin is vitalised with high-performance ingredient concentrates and an anti-stress massage. Experience deep-down relaxation and the pleasure of fresh, vital, smooth, clear, pure skin.		

## Body Treatment

16. Detoxifying Treatment (with salt scrub)	60	920
Thanks to the salt scrub, the skin is left soft, supple and significantly refined. Skin is relaxed by an aromatic oil, tension-relieving beauty-care experience.		
17. Aroma-Algae Contouring Body Wrap (with salt scrub)	60	950
Regular use of this treatment results in visible improvement in body contours and skin surface, and the reduction of annoying fatty deposits. You will feel perceptibly lighter and slimmer.		
18. Salt Scrub and Lymphatic Drainage Massage	90	1,320
Your skin is left soft, supple and significantly refined after the salt scrub. Lymphatic drainage treatment is a special massage technique combining the use of essential oils. Your body will be detoxified, lighter and re-energised.		

## Waxing

Make your skin feel silky smooth again by removing unwanted hair.

19. Eyebrow	15	190
20. Upper lip	15	190
21. Underarm	20	275
22. Half arm	20	325
23. Full arm	30	420
24. Half leg	30	420
25. Full leg	60	600
26. Bikini line	30	440
27. Full back	45	600

## Important

If you have high blood pressure, allergies, physical ailments, disabilities or if you are pregnant, please notify the Health Club staff before booking any treatment.

For best results, we recommend that men shave a few hours prior to any facial treatment.

Please be considerate and observe your appointment schedule. Late arrival may lead to shortened treatment time.

For cancellation of appointments, a four-hour notice is required; otherwise, 50% of the treatment charge will apply.